You Can Do It!

Focus for Week 7 & 8 - Confidence

The ability to believe in yourself. To work independently and have an optimistic outlook and recognise making mistakes as part of authentic learning.

"Knowledge will bring you the opportunity to make a difference." – Claire Fagan

Principal's Pen

This term is truly flying by and it is time to be looking to the future. Kindergarten enrolments for 2016 are now open. If you have a child or children who will reach school age in 2016, it is now time to collect an enrolment form from the school office and lodge it. Planning for the 2016 school year has commenced and an indication of prospective kindergarten enrolments at this time is crucial to the process. If you know of any other families in the area whose children will reach school age next year, please encourage them to contact the school as soon as possible. For further information please don’t hesitate to speak with me at school.

Today we held our sports carnival and what a wonderful day it was for all who attended. All students participated well and showed great sportsmanship. It was wonderful to watch the students’ give 100% effort and never give up. Well done to the staff whose great organisation ensured the day ran smoothly. Check our website for photos from the day.

This year our school is involved in the Premier’s Primary School Sport and Reading Challenge. We are now well under way with both activities. Students are all on track for their awards through recording their daily and weekend physical activities at school and school reading. We hope the reading challenge will also encourage your child to complete home reading activities and complete their school logs.

On Thursday, 18th June, all classes and teachers will be attending the Westlakes Small School’s Athletics Carnival to be held at Wangi Wangi (weather permitting). Events for all children from Kindergarten to Yr6 will be held on this day including an opportunity for children to compete in field events as well as novelty events. Children are required to wear sports uniform, bring additional warm clothing, a drink bottle and a raincoat. Lunch and recess can be brought from home or purchased from the canteen at the venue. Notes with further information about the carnival will follow.

Our Books in Homes assembly for this term will be held on Wednesday 17th June 2015 at 10 am. Our reading role model is DEBORAH KELLY was raised on a farm in New Zealand, where her family grew green beans and garlic. She studied Marine Biology at James Cook University in Queensland. Deborah has lived and worked in Japan and Scotland, and has always been passionate about art, film, books and writing. She wrote her first series of picture books (which she still has) when she was seven! Deborah’s books include THE BOUNCING BALL, DON’T SWEAT IT, and the soon to be released DINOSAUR DISCO.
PIE DRIVE REMINDER

All orders must be in and accompanied with money by 11th June. A wonderful fundraiser with warm hearty meals for winter.

CANTEEN NEWS

There is a new Canteen Menu and price list enclosed with this Newsletter. We hope everyone will be happy with the selections available, which are in accordance with the New Healthy Approach to Eating policies that the Department of Education are adopting in ALL schools in NSW.

Please remember by supporting your school canteen, any monies raised is supporting Boolaroo Public School.

HEALTHY CHOICE, HEALTHY LIFE!!

YEAR 6 FUNDRAISING

Advanced notice that we will be running a raffle to support Year 6 students in purchasing Year 6 T-shirts. Raffle tickets will be coming home to each family early next term. The main prize will be a dinner voucher for the Matara Hotel, at Charlestown (Kindly donated by the Matara).

Fair Play OOSH & Vacation Care

This centre has been established at our school and information can be found on the last page of our newsletter relating to times and contact details. Contact the friendly staff at the centre for further information.

P&C NEWS—Uniforms

Prices until November 2015 are:

Blue Microfibre Shirts - $28
Gold Microfibre Shirts- $28
Royal Microfibre Shorts- $12
Royal Skorts- $15
Microfibre Sports Jacket -$34
Bomber Jacket- $35
Microfibre Track Pants-$23
Hat -$12

Second hand clothes available depending on donations.

DATES TO REMEMBER:

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Friday 5th June</td>
<td>School Assembly 2.30pm</td>
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<tr>
<td>Thursday 11th June</td>
<td>Pie Drive Orders due</td>
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<tr>
<td>Wednesday 17th June</td>
<td>Books in Homes Assembly</td>
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<tr>
<td>Thursday 18th June</td>
<td>Small Schools Athletics Carnival</td>
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<tr>
<td>Tuesday 23rd June</td>
<td>Pie Drive orders delivered to school</td>
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<td>Tuesday 23rd June</td>
<td>P&amp;C Meeting, 3.15pm in School Staffroom</td>
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<td>Wednesday 24th June</td>
<td>School Disco—5-6.30 pm</td>
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<td>Friday 26th June</td>
<td>Boolaroo Movies (Minion)</td>
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<td>Friday 26th June</td>
<td>Last day of Term 2</td>
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<td>Tuesday 14th July</td>
<td>Students resume school</td>
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<td>Monday 20th July</td>
<td>Yamuloong Excursion</td>
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P&C Meeting

The P & C Meetings are held on the last Tuesday of each month. The next meeting is on 23rd June, in the staffroom commencing at 3:15pm. We welcome any new parents. Please come along and support your child’s school.
Samara Petersen is pictured with her prize of a movie pass to Event Cinemas after winning the Y6 Guessing Competition. Well done!

Tristan Branch is pictured above with his ‘YOU CAN DO IT’ confidence award. Great work Tristan!

Pictured above: Merit Certificate recipients at our last assembly.

Pictured right: Jack receiving his Birthday Certificate.

Well Done everyone!
Healthy snack food ideas

Children need snacks as they have small stomachs and get hungry between meals. Snacks need to provide energy (kilojoules) and a range of other nutrients that children need for their growing bodies. If children are regularly given snacks that contain lots of energy and sugar but few other nutrients (e.g., cakes, confectionery, sweet biscuits, energy bars, crisps, soft drinks) they will miss out on the vital nutrients they need for growth and development. So keep these foods for special occasions only.

By providing healthy snacks for children every day, you will set them up with good eating habits now and into the future. There are lots of healthy and delicious everyday snacks to choose from.

- Fruit loaf
- plain popcorn
- plain or fruit yoghurt
- cheese and crackers
- a piece of fresh fruit
- a can or tub of fruit in juice NOT syrup
- reduced fat cheese cubes
- wholemeal biscuits or crackers
- vegetable sticks and dip or salsa
- corn or rice cakes with or without spreads
- raw veggies: baby tomatoes (ensure any raw veggies are not choking hazards)
- salad cup
- pikelets
- cheese scones
- cheese on toast
- vegetable soup
- wholegrain cereal and milk
- baked beans or tinned spaghetti with toast
- toasted English muffin with tomato, cheese and pineapple
- toasted cheese and tomato sandwich
- fruit smoothie

Reference:
Adapted from Munch & Move Healthy eating newsletter snippets