You Can Do It!

Focus for Week 8 - Confidence

Confidence

The ability to believe in yourself. To work independently and have an optimistic outlook and recognise making mistakes as part of authentic learning.

Principal’s Pen

Well Spring is here but it hasn’t brought the gorgeous weather with it or slowed the term down any. This week was SASS Recognition week, it is our opportunity as a school community to acknowledge the vital and often unnoticed work of our office and support staff. We are very lucky to have Mrs Craggs working tirelessly to support our families and ensure our school runs smoothly. The teaching staff would also like to acknowledge the wonderful job Ms Arbolino does in our classrooms every day and Mr Osborne with our grounds. Many people comment on the lovely feel the school has and their work supports this. Thankyou for all your hard work!

Also a very big thank you to our fantastic P&C for all their hard work organising this week’s Father’s Day Stall. Fundraisers like these enable the P&C to support the school with new equipment etc.

Next week, our Year 4/5/6 students will be involved in a Science enrichment day at Kahibah Public School and Milo Cricket competition. We hope they enjoy this opportunity and I know they will be great ambassadors for our school.

Next Monday 8th September the NAPLAN results for Years 3 and 5 will be sent home.

I will be on leave for the remainder of the term. Mrs Bridges will be in charge of the school in my absence if you have any issues please speak to her. I will think about you from the Mediterranean and look forward to seeing you all when I get back. Enjoy the rest of your term and have a great holiday.

Louise Wrightson  Acting Principal
School Canteen
The Canteen will be open for the next two Mondays of term. Please let the school know if you are able to help at canteen as a volunteer.

Technology Raffle
Chemistworks have donated a beautiful basket of goodies to the school. This is the major prize in a raffle the school is holding to add to our technology equipment. Event Cinemas have also donated movie tickets and Bakers Delight will provide some yummy treats.

The tickets will come home before the holiday break to enable families to sell them to family and friends. The raffle will be drawn in Week 2 next term.

Student Illness
Thank you to all parents for being vigilant with your child’s health. Influenza has been a big problem over winter and it certainly prevents the spread if very sick children are kept at home until they are fully well.

Student Awards
Well done to Lochlan Ayden and Jayden our Week 6 award winners.

Our very happy Week 7 winners Alex, Jye and Tarli

Bronze Awards

Congratulation to Ayden

You Can Do It Awards

Teliah - awarded for Persistence

Bianca—awarded for Getting Along
**Community News**

**Summer Touch Football**

Juniors start on 8th October and goes until the 10th December.
Age groups go from U/6s, 7s and 8s up to U15s.
Cost is $50 for registration and you receive a shirt, and all referee costs are covered. Boys and Girls are welcome. Bring rego money and forms on the 1st night and turn up 30 minutes early to get shirts and register.
Contact Greg Hodgson for further details on 0414 255287 or at lakemacquarieroo@gmail.com
You can also visit the website www.lakemacquarierugby.com

**Seasons for Growth**

This program is being run by the Catholic Schools Office of Maitland-Newcastle. It is a small group program that looks at change and loss and includes the physical, emotional, mental, social and spiritual dimensions of life. This will be held on Saturday October 25th and November 1 from 9.30am to 3.00pm at Catherine McAuley Building 841 Hunter Street Newcastle. For more information please visit: http://www.mn.catholic.org/agencies/seasons-for-growth

**Macquarie Football School Holiday Coaching Clinics**

These clinics will run from Monday September 29th to October 2 from 9 am to 12 noon. Children will learn the skills used by the best players in the world from friendly qualified coaches. To book your sport, please ring Phil Dando on 4953 0800 or check out the entry form on www.macquariefootball.com.au

**Macquarie Shores Swimming Club**

This club is now taking registrations for 2014/2015. They are a family friendly club where children can improve their swimming skills and fitness levels in a competitive yet FUN environment. Swimming is at Toronto Indoor Swim Centre. The club will help develop good sportsmanship with friends while still motivating individuals to do their best personal times. Races are every Friday night during school term at 6pm. Summer season begins Friday 17th October and the first two nights are FREE!!
For more information contact Kirsten on 0437 140775 or email kirstinstreet@bigpond.com

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**Thank you also to our Newsletter Sponsor:**

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* Health Checks * Opioid Substitution
* Home Medicine Review * MedsCheck *Diabetes MedsCheck *Baby Advice *Wound Care * Continence Aids Payment Scheme * Quit Smoking Support *Day Spa * Equipment Hire

OPEN 7 DAYS A WEEK

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**Boolaroo Small School Big Heart** boolaroo-p.school@det.nsw.edu.au
Depression Recovery Program
8 Week Program
Where: Boolaroo SDA Church Hall
     Cnr of Lakeview & Braye Streets
When: Mondays beginning 6th October
      10am and 7pm
Register: Please phone Bev on 0490 118257

Learn How To:
Identify depression and its causes
Improve your emotional intelligence
Enhance your energy levels and mood
Overcome depression through positive lifestyle choices
Eat for optimal brain function
Manage stress without distress
Live above loss
Defeat depression through right thinking
Acieve peak mental performance

School Camps
Check fb.com/nswsportsandrecreation on
www.dsr.ssw.gon.au/kidsamps
or ring 131302 to choose from over 30
Exhilarating camps at 10 locations!!

Spring School Holidays
Lake Macquarie Council have all sorts of exciting activities for the children to enjoy in the holidays. Please check the brochure attached to this newsletter.